

One Step at a Time

Getting it done on your terms

Instructions:

Print out. Take that big dream/goal/intention - **THING** - you want to accomplish and break it down into steps. Write one step in each section on the sheet, cut the first section out and put it where you'll see it. In your day planner, journal, taped to your mirror, inside the book you're reading. It's a perfect bookmark size. When you finish the step, throw it away and cut off the next step. Print out as many pages as you need. Repeat as many times as needed. And see what you accomplish!



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MY NEXT STEP...

MY NEXT STEP...

MY NEXT STEP...

MY NEXT STEP...

MY NEXT STEP...
